

# Hobbs Library Newsletter

### What's happening this month

Oct 2 (Mon): 10am Storytime

Oct 3 (Tues): 10-11am Group Training (\$150/8 classes)

Oct 4 (Wed): 9-10:30am Tech Help

Oct 4 (Wed): 1-3pm Martha's Knitting Group

Oct 4 (Wed): 7pm All Booked Up (zoom)

Oct 5 (Thurs): 10-11am Group Training (\$150/8 classes)

Oct 5 (Thurs): 10am Readers' Theatre

Oct 5 (Thurs): 11am Tai Chi (\$8/class)

Oct 5 (Thurs): 3-5pm Mahjong

Oct 7 (Sat): 8:30am Yoga Flow (\$5-\$25 suggested

Oct 9 (Mon): 1pm Page Turners (zoom)

Oct 10 (Tues): 10-11am Group Training (\$150/8 classes)

Oct 11 (Wed): 9-10:30 Tech Help

Oct 11 (Wed): 1-3pm Martha's Knitting Group

Oct 12 (Thurs): 10am Readers' Theatre

Oct 12 (Thurs): 10-11am Group Training (\$150/8 classes)

Oct 12 (Thurs): 11am-12pm Tai Chi (\$8)

Oct 12 (Thurs): lpm Writing Group

Oct 12 (Thurs): 3pm Mahjong

Oct 13 (Fri): 6pm Date Night Movie: Ghost

Oct 14 (Sat): 8:30am Yoga Flow (\$5-\$25 suggested)

Oct 16 (Mon): 10am Storytime

Oct 17 (Tues): 10-11am Group Training (\$150/8 classes)

Oct 18 (Wed): 9-10:30 Tech Help

Oct 18 (Wed): 1-3pm Martha's Knitting Group

Oct 18 (Wed): 7pm CHML Board Meeting

Oct 19 (Thurs): 10-11am Group Training (\$150/8 classes)

Oct 19 (Thurs): 11am-12pm Tai Chi (\$8)

Oct 19 (Thurs): 3pm Mahjong

Oct 19 (Thurs): 7pm Speaker Series: Mike Davis

Oct 21 (Sat): 8:30am Yoga Flow (\$5-\$25 suggested)

Oct 23 (Mon): 10am Storytime

Oct 24 (Tues): 10-11am Group Training (\$150/8 classes)

Oct 25 (Wed): 9-10:30 Tech Help

Oct 25 (Wed): 1-3pm Martha's Knitting Group

Oct 25 (Weds): 4pm Halloween Movie, Snack & Craft

Oct 26 (Thurs): 10-11am Group Training (\$150/8 classes)

Oct 26 (Thurs): 11am-12pm Tai Chi (\$8)

Oct 26 (Thurs): 1pm Writing Group

Oct 26 (Thurs): 3pm Mahjong

Oct 28 (Sat): 8:30am Yoga Flow (\$5-\$25 suggested)

Oct 29 (Sun): 3-5pm Trick or Treating

Oct 30 (Mon): 10am Storytime

Oct 30 (Mon): 6:00pm Movie: Hocus Pocus

Oct 31 (Tues): 10-11am Group Training (\$150/8 classes)

Oct 31 (Tues):4:30pm Yin Yoga (\$5-\$25 suggested)

The Library will be CLOSED on Monday, Oct. 9th in observance of Indigenous Peoples Day Dear Library Community,

By the time you read this, if all goes as planned, our community room will be outfitted with a stove! We have a lot of ideas for what will happen with the stove, including some collaborative programming with the Lovell Food Pantry, classes on making your grocery dollars stretch, teen programs with snacks (pizza!), and other food-centric programming.

The first week of October is National Banned Books week. This past year, efforts to restrict or remove access to books have been on the rise across the country. We at the library believe in intellectual freedom and the right to read and we are grateful for the support of our board and patrons. Not every book is right for every person, but everyone has the right to access all materials. To find out which books have been the most challenged of 2023, go to

https://www.ala.org/advocacy/bbooks/frequentlychallengedbooks/top10. We'll have a display with info and challenged books here at the library as well.

Sincerely, Ien



Library Hours Mon: 9-6 Tues: CLOSED Wed: 9-6 Thurs: 9-7 Fri: 9-4 Sat: 9-1

Sun: CLOSED

Closed: New Year's Day, Martin Luther King, Jr. Day,
Presidents' Day, Memorial Day, Juneteenth,
Independence Day, Labor Day,
Indigenous Peoples' Day, Veterans Day,
Thanksgiving Day, Christmas Day



FMI or the zoom link: Jo Radner (jradner@american.edu)

# Story Swap: Suspending Disbelief

Wednesday, October 18th @ 1pm

The Hobbs Story Swap will meet online to tell stories that suspend disbelief--stories about events, relatives, characters, that seem unbelievable but DID really exist. Since it's the month of Halloween, stories of ghosts and haunting would be appropriate as well. Or perhaps just a tale of a very eccentric relative? Come to tell (and/or listen to) tales that push the limits of the ordinary.



# All Booked Up: Short Story Club

Wednesday, Oct, 4 @ 7pm

Want to be part of a book club but don't have time to read a book? This group is for you! Each month, we'll read a short story or essay and then come together via zoom to discuss it. Our October selection will be "The Tenth of December" by George Saunders" which can be found in his collection of the same name, online at The New Yorker, or printed out here at the library.

Trick-or-Treat Sunday, October 29th 3-5:30pm

Stop by the library and scare up a treat!



## COSTUME SWAP!

From Oct 2nd-7th, come by the library and check out our (FREE!) selection of gently worn, kid-appropriate costumes.

# Did you know?

With your library card, you can borrow way beyond books!

We lend: Themed backpacks (Astronomy, Trees, Birds of Prey), a telescope, a microscope, a bubble machine, a mobile hotspot, a laptop, DVDs, a pass to the Children's Museum of Maine, a pass to the Maine Mineral & Gem Museum, and so much more!





### Tai Chi

Thursdays, October 9, 12, 19, & 26 11am-12pm

Pam Katz has been practicing sun style tai chi for 30 years and teaching it for 20 years. Sun style is the most passive and gentlest of all tai chis and is recommended by the American Arthritis Association, as this form is the least stressful on joints.

Classes are 1 hour/ week for six weeks at a cost of \$8.00/class. All ages and people with physical limitations are welcome. FMI: contact Pam Katz at <a href="https://pkw2222@comcast.net">pk2222@comcast.net</a>.

# Date Night Movie: Ghost Friday, October 13 @ 6:30pm

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Come with a date, come with a friend, or come by yourself!

A psychic facilitates a dead banker's return to protect his girlfriend from the man who murdered him.

Rated: PG-13 Runtime: 126 minutes

Cast: Patrick Swayze, Demi Moore, Whoopi Goldberg, Tony Goldwyn, Rick Aviles



refreshments

served! (wine, beer (for 21+), water, &

popcorn)

**GHOST** 

### Yin Yoga:

Tuesday, Oct. 31st @ 4:30pm

Yin Yoga with Barefoot Nichole starts is an all levels, very accessible practice. Yin is a passive and meditative practice focusing on relaxation through the use of props for support. Poses are held for 3-5 minutes to encourage more flexibility and mobility in your body. Great for beginners as well as advanced students. Suggested donation: \$5-\$25.

FMI: Sue Lanser (925-6244 or lanser@brandeis.edu)

## Page Turners:

Monday, October 9th @ 1pm

We will be discussing the book selected for this year's choice for the One Book One Valley program: Andrew Krivak's novel *The Bear* (2020). Krivak's book offers what one critic calls a "coming-of-age" fable about the last person on earth "It has been widely praised as a beautiful tribute both to the beauty of nature and to the power of the human spirit."

Krivak will appear in person to discuss The Bear at the Majestic Theater in Conway on Thursday. November 2 at 7:00 p.m. For tickets and further information, check the OBOV website: www.https://onebookonevalley.org.



### Curious George Halloween Boo Fest: Craft, Snack, & Movie

Wednesday, October 25 @ 4pm

Scare up some fun with a Halloween-themed craft, snack, & movie!

Synopsis: George and Allie try to determine whether a myth about a hat-kicking scarecrow that haunts the countryside on Halloween is true. George also has to decide on a costume to wear to the town's annual Boo Festival. Movie Runtime: 59 minutes



## Celebrate Day of the Dead with Coco

Thursday, November 2nd @ 5pm

Then Miguel's ambitions cause him to run afoul of a curse, he must journey into the Land of the Dead to seek forgiveness from his ancestors.

Running Time: 109 Minutes Rated: PG



Monday, October 30th @ 4pm



Join us for this classic movie! Synopsis: Three 17th-century witches, hanged for their murderous crimes, are resurrected on Halloween in modern-day Salem by an unsuspecting boy, who must now figure out how to get them back in the ground.

Movie snacks provided!

Rated: PG Runtime: 95 minutes

Cast: Bette Midler, Sarah Jessica Parker, Kathy Najimy



### Storytime



Mondays, October 2nd, 16th, 23rd, 30th @ 10am (check our website or Facebook page for cancellations). Featuring stories, songs, fingerplays, rhymes and crafts or other extension activities. Recommended for kids 5and under and their adults.



### **Group Personal Training Sessions**

Tuesdays & Thursdays, Oct. 3rd, 5th, 10th, 12th, 17th, 19th, 24th, 26th, 31st from 10-11am

Learn how to exercise properly for weight loss, muscle toning, increased energy and stamina. 1:1 private training can be expensive, while large classes can be difficult for people to learn. Small group personal training is the best of both worlds, as its less expensive than 1:1 training, while still maintaining the feeling of personal training sessions. Come ready to exercise!

Sign up with Dan: 781-258-4647 or craftedfitnessandart@gmail.com





Wednesdays, October 4th, 11th, 18th, 25th from 9-10:30 or by appointment

Every Wednesday morning, library volunteers can help with your basic questions: "How do I use Zoom?" or "How do I log on to my library account on the library website?" or "How do I forward photos from my phone?" To schedule an appointment: 207-925-3177





Saturdays October 7th, 14th, 21st, 28thfrom 8:30-9:30am
This alignment-based practice uses conscious breath to link the poses together in order to create a complete practice. This flow will move at a comfortable pace and modifications will be offered. Build strength, flexibility and balance. Suggested Donation \$5-\$25

FMI: 207-925-3177 or TheDesk@HobbsLibrary.org

### **Writing Group**



Thursdays, October 12th & 24th from 1-2:30pm Welcome to the fall writing group at the library! We invite you to join us. This group offers a safe and inclusive space where all styles and types of writing are welcome. Our fall focus will be on free-writing. Members may also choose to pursue their own work-in-progress. We will continue to encourage voluntary sharing. Our ground rules stress respect, communication, and creativity. Joining us by zoom is available on request.

### **Mahjong**



Thursdays, October 5th, 12th, 19th, 26th from 3-5pm Join us for a multi-generational group of mahjong players! Players are using the original version of the game and, if there are enough players, a group will split off to play American League Mahjong. Onlookers and beginners welcome! Bring a friend!

FMI: Steve and Jodi Smith: 207-925-1287