

# **Hobbs Library Newsletter**

#### What's happening this month

Sept 2 (Sat): 8:30am Yoga Flow (\$5-\$25 suggested) Sept 5 (Tues): 10-11am Group Training (\$150/8 classes) Sept 6 (Wed): 9-10:30am Tech Help Sept 6 (Wed): 1-3pm Martha's Knitting Group Sept 6 (Wed): 7pm All Booked Up (zoom) Sept 7 (Thurs): 10-11am Group Training (\$150/8 classes) Sept 7 (Thurs): 10-11:30 Readers' Theatre Sept 7 (Thurs): 3-5pm Mahjong Sept 8 (Fri): 3-5pm Paint Party! Sept 9 (Sat): 8:30am Yoga Flow (\$5-\$25 suggested) Sept 9 (Sat): 10am Art & Politics Introductory Class Sept 11 (Mon): 10am Storytime Sept 11 (Mon): 1pm Page Turners (zoom) Sept 11 (Mon): 6pm Death Cafe Sept 12 (Tues): 10-11am Group Training (\$150/8 classes) Sept 13 (Wed): 9-10:30am Tech Help Sept 13 (Wed): 1-3pm Martha's Knitting Group Sept 14 (Thurs): 10-11am Group Training (\$150/8 classes) Sept 14 (Thurs): 10-11:30 Readers' Theatre Sept 14 (Thurs): 1pm Writing Group Sept 14 (Thurs): 3-5pm Mahjong Sept 14 (Thurs): 7pm Speaker Series: Laurie Lamountain Sept 16 (Sat): 6:30pm Date Night Movie: The Princess Bride Sept 16 (Sat): 8:30am Yoga Flow (\$5-\$25 suggested Sept 18 (Mon): 10am Storytime Sept 19 (Tues): 10-11am Group Training (\$150/8 classes) Sept 20 (Wed): 9-10:30 Tech Help Sept 20 (Weds): 1pm Story Swap (zoom) Sept 20 (Wed): 1-3pm Martha's Knitting Group Sept 20 (Wed): 7pm CHML Board Meeting (hybrid) Sept 21 (Thurs): 10-11am Group Training (\$150/8 classes) Sept 21 (Thurs) 10-11:30 Readers' Theatre Sept 21 (Thurs): 11am-12pm Tai Chi (\$8) Sept 21 (Thurs): 3pm Mahjong Sept 21 (Thurs): 7pm Author Talk: Melanie Brooks Sept 22 (Fri): 7pm Scribner's Mills Presentation Sept 23 (Sat): 8:30am Yoga Flow (\$5-\$25 suggested) Sept 23 (Sat): 6pm Harry Potter Watch Party Sept 25 (Mon): 10am Storytime Sept 26 (Tues): 10-11am Group Training (\$150/8 classes) Sept 27 (Wed): 9-10:30 Tech Help Sept 27 (Wed): 1-3pm Martha's Knitting Group Sept 27 (Wed): 1-4pm Cooking for Crowds (\$15) Sept 28 (Thurs): 10-11am Group Training (\$150/8 classes) Sept 28 (Thurs): 10-11:30 Readers' Theatre Sept 28 (Thurs): 11am-12pm Tai Chi (\$8) Sept 28 (Thurs): 1pm Writing Group Sept 28 (Thurs): 3pm Mahjong Sept 29 (Fri): 6pm US Immigration from a Maine Lawyer's Perspective

Sept 30 (Sat): 8:30am Yoga Flow (\$5-\$25 suggested)

Dear Library Community,

Fall is my favorite time of year, and this year, I'm especially looking forward to cooler nights and lower humidity!

There's no taking our foot off the gas here, though--September looks to be just as busy as July and August were! Which is good news for those of you who stay through the fall, and good news for those who stay all year long. We have another Death cafe coming up, a presentation by Laurie Lamountain, an author talk with my friend, Melanie Brooks, a presentation by the new director of Scribner's Mills, and an Immigration Law presentation by Jennifer Atkinson. That's in addition to all our regularly happening programs like Writer's Group and Storytime.

One new thing we're trying for September is a costume swap. Drop-off kid-appropriate costumes that are still in good condition here between Sept. 17th and 30th. In October, we'll have a week where we'll lay them out and let the choosing begin! This is a great way to do a little fall cleaning and help someone who may need a costume!

As much as I'm looking forward to fall, I'm a bit sad to see summer go. It was great to be busy, to meet so many new people, and to host so many terrific events. The deep winter months will be for planning next spring-summer-fall, but I'm not rushing the days away.

Sincerely, Jen

The Library will be CLOSED on Monday, Sept. 5th in observance of Labor Day Library Hours Mon: 9-6 Tues: CLOSED Wed: 9-6 Thurs: 9-7 Fri: 9-4 Sat: 9-1 Sun: CLOSED

Closed: New Year's Day, Martin Luther King, Jr. Day, Presidents' Day, Memorial Day, Juneteenth, Independence Day, Labor Day, Indigenous Peoples' Day, Veterans Day, Thanksgiving Day, Christmas Day



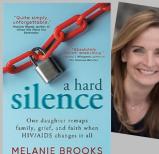
Death Cafe:

Monday, September 11th @ 6pm

Join us for light refreshments and an informal group discussion about death. Bring your thoughts, questions, stories, and concerns. We'll talk, learn things, and meet new people in a comfortable, casual setting. This month, we'll be joined by Chuck Lakin of the website lastthings.net.



\*Please note, this is not a grief or support group.



Author Talk: Melanie Brooks Thursday, September 21st @ 7pm

Melanie Brooks is the author of "Writing Hard Stories: Celebrated Memoirists Who Shaped Art from Trauma" (Beacon Press, 2017) and "A Hard Silence" (Vine Leaves Press, 2023).

She holds an M.F.A. in Creative Nonfiction from the University of Southern Maine's Stonecoast writing program and is completing a Certificate in Narrative Medicine at Columbia University. She has had numerous interviews and essays on topics ranging from loss and grief to parenting and aging published in the HuffPost, Psychology Today, Yankee Magazine, and other notable publications. She grew up in the Canadian Maritimes, but now lives in New Hampshire.



## All Booked Up: Short Story Club Wednesday, Sept. 6 @ 7pm

Want to be part of a book club but don't have time to read a book? This group is for you! Each month, we'll read a short story or essay and then come together via zoom to discuss it. Everyone is welcome! For September we'll read "Mbiu Dash" by Okwiri Oduor which can be found in "The Best American Short Stories 2022" or printed out at the library.



#### Speaker Series: Laurie Lamountain: Lake Living Magazine: A Labor of Love Thursday, September 14th @ 7pm

Twenty-six years ago, Laurie LaMountain created Lake Living, a quarterly magazine, to give readers a seasonal sense of the people, places and things that make this part of Maine exceptional. She loves to focus on the unusual. Lake Living is a series of love letters written to her beloved home corner of Maine.



### Scribner's Mills Presentation Friday, September 22nd @ 7pm

Cayle Johnson, Executive Director of Scribner's Mill, will present a slideshow and history of Scribner's Mill from its opening

in the 1840's to its closing in the 1960's, as well as its life after that in becoming a living history museum and what's next for the site. Scribner's Mill is an accurately reconstructed saw mill, powered by water using early technology to produce wood products. Stay for Q&A at the end of the presentation.

#### Story Swap: History Matters Wednesday, September 20 @ 1pm



We build our lives and our ways of being out of our experience of the past. Bring any past story that fascinates you – from your own history, your family's history, or the history of a community, a country, or a singular person or group or idea. All are welcome – as storytellers or listeners, or both. Contact Jo Radner (jradner@american.edu) for the Zoom link.



FMI: Sue Lanser (925-6244 or lanser@brandeis. edu)

Page Turners: Monday, September 11 @ 1pm

We will gather on Zoom to discuss Hernan Diaz's novel Trust, co-winner of the 2022 Pulitzer Prize for fiction. Composed of four narratives from four different points of view, Trust is true to its title in raising questions of reliability as it explores the pursuit of money in late 19th and early 20th century New York.

## Art and Politics with Margaret Nomentana September 9th @ 10am

First class is an introductory class. The class aims to use art-making as a fun, challenging way to probe the political landscape. All skill levels welcome. If you want to think about politics from new perspectives, or improve your art making, join this class! Class will begin on September 16th, meeting approx. once/month.





#### www.hobbslibrary.org \* P.O. Box 105, Lovell, ME 04051 \* (207)925-3177 \* thedesk@hobbslibrary.org 5

#### Storytime

Mondays, September 11th, 18th, & 25th @ 10am (check our website or Facebook page for cancellations). Featuring stories, songs, fingerplays, rhymes and crafts or other extension activities. Recommended for kids 5 and under and their adults.

#### **Group Personal Training Sessions**

Tuesdays & Thursdays, September 5th, 7th, 12th, 14th, 19th, 21nd, 26th, 28th from 10-11am

Learn how to exercise properly for weight loss, muscle toning, increased energy and stamina. 1:1 private training can be expensive, while large classes can be difficult for people to learn. Small group personal training is the best of both worlds, as its less expensive than 1:1 training, while still maintaining

the feeling of personal training sessions. Come ready to exercise! Sign up with Dan: 781-258-4647 or craftedfitnessandart@gmail.com

#### Tech Help

Wednesdays, September 6th, 13th, 20st, & 27th from 9-10:30 or by appointment

Every Wednesday morning, library volunteers can help with your basic questions: "How do I use Zoom?" or "How do I log on to my library account on the library website?" or "How do I forward photos from my phone?" To schedule an appointment: 207-925-3177

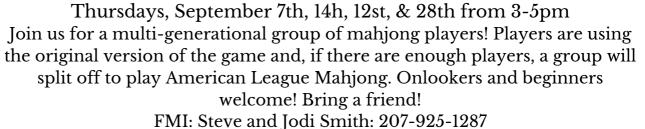
#### Yoga Flow

Saturdays September 2nd, 9th, 16th, & 23rd, & 30th from 8:30-9:30am This alignment-based practice uses conscious breath to link the poses together in order to create a complete practice. This flow will move at a comfortable pace and modifications will be offered. Build strength, flexibility and balance. Suggested Donation \$5-\$25 FMI: 207-925-3177 or TheDesk@HobbsLibrary.org

#### Writing Group

Thursdays, September 14th & 28th from 1-2:30pm Welcome to the fall writing group at the library! We invite you to join us. This group offers a safe and inclusive space where all styles and types of writing are welcome. Our fall focus will be on free-writing. Members may also choose to pursue their own work-in-progress. We will continue to encourage voluntary sharing. Our ground rules stress respect, communication, and creativity. Joining us by zoom is available on request.















#### A Note from Chris Rothman:

The weather has not been kind to us this summer; however, the sun made an appearance on Saturday, Aug. 19th and helped to make our annual Arts & Artisans Fair a huge success! We are so grateful to all the volunteers and patrons who attended our event supporting our annual fundraiser. We had many new vendors, and the crowd was impressive. This event is such an important fundraiser for our Library and allows us to continue with our amazing programs and

collections. Thank you one and all! If you were not able to attend this year, put Saturday, August 17, 2024, on your calendar now! We are already making plans!



Join us for the movie, popcorn, and Potter-themed snacks, including butter beer! Running time: 150 minutes Rating: PG

#### Paint Party!

Friday, September 8th @ 3pm

Did you miss out on watercolor squirt gun painting at our ice cream party? Now is your chance to try it out! And if that's not enough fun, we're going to do some tiedying, too! Bring an item you want to tie-dye, or we'll have items you can choose from.

## **Reader's Theatre**

Thursdays, Sept 7th, 14th, 21st & 28th from 10-11:30am

Take a book, create a script, choose parts, make simple props or costumes or scenery, have fun!

This 6-week session runs from Sept. 7th-Oct. 12th. Best for kids between 7-12--older kids welcome as helpers!

FMI: thedesk@hobbslibrary.org or 207-925-3177

## COSTUME SWAP!

Do you have more kid-appropriate costumes than you know what to do with? From Monday, September 18th-Saturday, September 30th, you drop off any costume (in good condition and, again, kid-appropriate) to the library. And then from Oct. 2-7th, you can come by and pick out a "new" costume!

## Tai Chi



Thursdays, September 21st and 28th 11am-12pm

Pam Katz has been practicing sun style tai chi for 30 years and teaching it for 20 years.

Sun style is the most passive and gentlest of all tai chis and is recommended by the American Arthritis Association, as this form is the least stressful on joints. .Positive benefits of tai chi include relieving pain, stiffness, and stress. It improves concentration, balance, posture, and memory, as well as heart and lung function. Tai chi integrates mind and body and enhances the flow of chi, or energy. Classes will be one hour a week for six weeks at a cost of \$8.00 an hour, or \$40.00 if paid in full. All ages and people with physical limitations are welcome.

FMI: contact Pam Katz at <u>pk2222@comcast.net</u>.

#### UMaine Cooperative Extension Presents: Cooking for Crowds Wednesday, September 27th 1-4pm

Join us for this workshop on safe food handling, designed specifically for volunteers. Learn up-to-date methods for safely preparing, handling, and serving food for large group functions. **There is a \$15.00 fee for this class**.

Please register by 9/21 by emailing Barbara at cllns@aol.com.

U.S. Immigration from a Maine Lawyer's Perspective Friday, September 29th @ 6pm



People often express surprise when they discover an immigration lawyer practicing outside of Portland.

Other reactions usually include either concern, curiosity, or frustration about an issue that is frequently in the news. Jennifer will discuss what is like to practice immigration law and share her thoughts on the concepts, policies and trends that shape this field, both in Maine and the nation. She will also touch on the law itself, to share a sense of its complexities, surprises, and rewards.



Date Night Movie: The Princess Bride Saturday, September 16th @ 6:30pm



It's date night at the library!

In the delightfully fractured tale, a grandfather reads a story about a beautiful young woman named Buttercup to his bored grandson. Then, the audience is magically transported into the tale, complete with villains, creepy creatures and a love story. Directed by Rob Reiner Rated PG Runtime 98 minutes

Free refreshments served! (wine, beer (for 21+), water, & popcorn)